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Citizen petition on wastewater plant financing makes a splash

Regina Water Watch volunteers hold handmade signs at city hall on Thursday after handing in their petition with more than 24,000 signatures. ALYSSA MCDONALD/METRO

Saying nay to private funding. City could see its first referendum in 20-plus years, as group rallies support for a public water system

ALYSSA MCDONALD
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Regina Water Watch handed the City of Regina 24,232 signatures on Thursday — enough to force a referendum on a plan for a partly privately financed wastewater treatment plant.

The group filled a section of city hall and handed clerk Joni Swinicki 48 stacks of paper, each filled with about 500 signatures.

"Now that it's done and now that the people have spoken, it feels very good," said Jim Holmes, spokesman for the group.

Volunteers for the citizen petition have pounded the pavement for three months to gather support against a proposed public-private partnership for the more-than-$220-million plant, as they believe Regina's water system should remain public.

Pending validation, the petition is poised to bring about the first referendum in Regina in more than 20 years.

"From our talking with the citizens of Regina — and we've obviously talked to a lot of them — there is huge support for a public water system," said Holmes. "On the other hand, they will get to make that decision."

Swinicki has 30 days to go over the petition in order to determine its validity. Due to a prior controversy surrounding the number of signatures needed — the city unsuccessfully asked the provincial government to reevaluate the process, which would have resulted in a higher number of signatures needed — Regina Water Watch has gone through the petition and taken out names that might be invalid, as well as made copies of the papers.

"If you cherry-pick that sample, you can end up with a corrupted result and so we were concerned," said Holmes. "We owe the citizens of Regina to do everything we could to try and make sure this was the fairest process possible."

Swinicki's decision will go to city council in a report. If the petition is deemed valid, the city will have nine months to hold the referendum on whether to change the project to exclude private funding — which Mayor Michael Fougere says would take away federal funding for it.

"If we go towards a different kind of project, we will have to find the money somehow by either tax increases or more debt," Fougere told reporters on Thursday.

Based on last year's city election cost of $600,000, which was shared with the Regina Public School Board, the potential referendum could cost up to $500,000.

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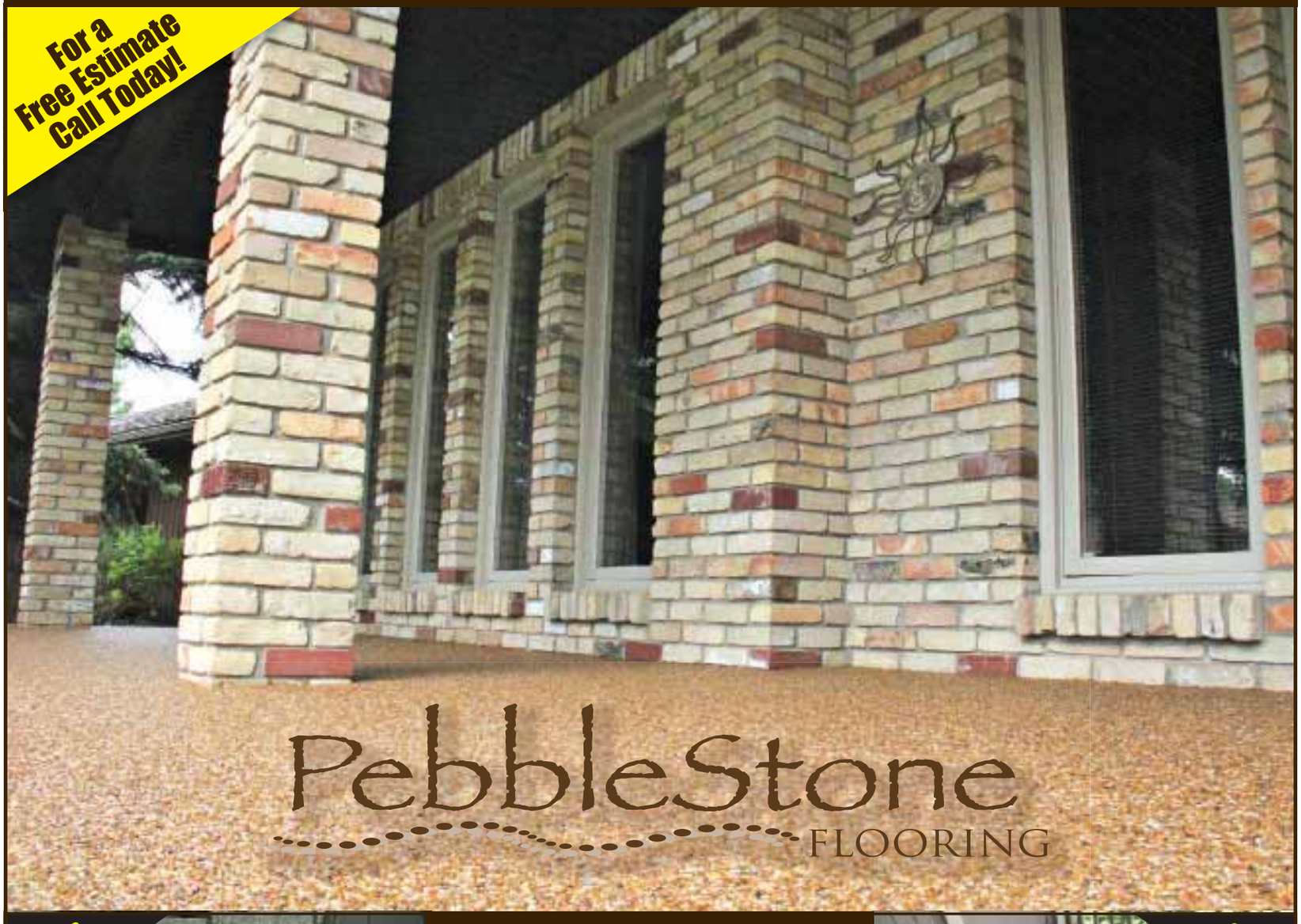

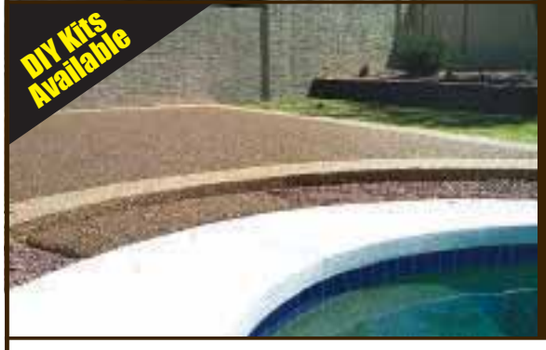

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Regina man appealing WCB ruling on medical marijuana

Court case. Workers' Compensation Board has denied coverage

ALYSSA MCDONALD
alyssa.mcdonald@metronews.ca

As a group of sign-carrying protesters stood outside the Court of Queen's Bench on Thursday, a key face was missing.

Carey Heilman was in hospital undergoing surgery for back spasms, which limit his ability to work and make everyday life so agonizing that he has a pain pump in his lower spine.

Eleven years ago he started using medical marijuana for the pain, with a prescription from a neurologist, but the Saskatchewan Workers' Compensation Board has refused to pay for the treatment.

"He's been trying to get some of his medication paid for — medical cannabis," said rally organizer Tim Selenski, owner of Head2Head Novelties and a medical marijuana distributor.

"He chooses to use holistic medication over some of the heavy prescription drugs that he is supposed to be taking for his pain."

Selenski has been running a tab for Heilman for nine years and tries to bill the WCB, which has not reimbursed him. Friends say Heilman hurt his back working for a furniture company. The injury was worsened later by a botched surgery, they say.

Heilman took the issue to court on Thursday morning, though he wasn't able to be there. Lawyers say the case could go on for months.

Supporters of medical marijuana user Carey Heilman rally outside the law courts in Regina on Thursday in protest of a WCB ruling denying compensation for medical cannabis. ALYSSA MCDONALD/METRO

WCB policy does not include the use of medical marijuana, even if prescribed by a doctor.

"They would have to pay more than just Carey," Selenski said. "There are other people who use medical cannabis — with the company I work for, we have approximately 20 people on WCB that we supply."

The WCB declined to comment on the case because it remains before the court.

Precedent has been set

3

Three provinces — Quebec, Ontario and Alberta — treat medical cannabis like other prescription drugs in covering at least some of its costs for patients.

Province's first PET/CT scanner up and running

A new diagnostic machine at Saskatoon's Royal University Hospital will enable cancer patients to get a faster diagnosis without leaving the province.

The positron emission tomography-computed tomography scanner, also known as a PET/CT scanner, had its official unveiling on Thursday and will be used to detect cancer, help with treatment recommendations and track prognosis.

Scott Mildenberger, PET/CT supervisor at RUH, said the machine will vastly improve patient diagnosis. He noted some patients have refused the scan because they would have had to travel outside Saskatchewan.

Scott Mildenberger and the new PET/CT scanner in Saskatoon. MORGAN MODJESKI/METRO IN SASKATOON

"It's my understanding that they've sent about 300 patients out of province up to this point, and I know there are other patients who have just refused to have the test," Mildenberger said. "So far, we've already done 100 patients and we're on par to do at least 1,000."

Cindy Komodowski, patient ambassador for the PET/CT project, said having the machine in Saskatoon will make a huge difference. She had to travel outside Saskatchewan eight times after she was diagnosed in 2002 with a rare form of stomach cancer.

"I was so excited when I heard we were getting one, and when they phoned me in May to come for one … it was so nice to come here, get it done and go home to your family," Komodowski said. "The relief was just unbelievable."

The purchase of the equipment was made possible through a $4-million contribution from the province, while the Royal University Hospital foundation raised the remaining $2 million. As well, $1 million was donated by PotashCorp to renovate space and install the equipment.

The Saskatoon Health Region expects to provide the service to 1,200 patients provincewide this fiscal year, later jumping to 1,900 patients annually.

MORGAN MODJESKI/METRO IN SASKATOON, WITH FILES FROM THE CANADIAN PRESS

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Women's health

Program targets pelvic ailments

A new program is being launched so women in Saskatchewan can get faster help for urinary incontinence and pelvic-organ prolapse.

The government says the pelvic-floor pathway will give women with pelvic-floor problems better access to information, assessment and treatment. The idea behind the pathway is to let women know their options to deal with symptoms sooner.

Dr. Corrine Jabs, left, nurse practitioner Amanda Scollan and physical therapist Nadeane Nelson at the new pelvic-floor pathway clinic on Thursday. METRO

The first pelvic-floor pathway clinic opened in April in Regina and clinics in other Saskatchewan communities are planned.

About 25 per cent of women have either urinary incontinence or pelvic-organ prolapse, which is from damage to pelvic-floor muscles from childbirth or other causes.

"Pelvic-floor conditions are not life-threatening, but can have a serious impact on a woman's quality of life," said Dr. Corrine Jabs, head of obstetrics and gynecology with the Regina Qu'Appelle Health Region. THE CANADIAN PRESS

Grassick Playground

Come out and play on National Aboriginal Day

Aboriginal culture will be celebrated in Regina and across Canada on Friday as part of National Aboriginal Day (NAD).

The annual event will include the Our Community Celebration festivities at Grassick Playground in Regina's North Central area from 2:30 to 8 p.m.

The gathering will involve cultural components such as traditional dance demonstrations and musical performances by Brian Sklar and the Tex Pistols in the evening.

A free barbecue, family photographs and children's activities are on the schedule as well.

The NAD gathering is organized by the Circle Project with community partner Indian Metis Christian Fellowship. Sponsors include Conexus Credit Union, Loraas, SaskCulture and the City of Regina.

NAD began in 1996 to honour Canada's First Nations, Métis and Inuit people. METRO

Agriculture

Wheat, barley commissions in the works

Wheat and barley producers in Saskatchewan will gain more control over their sectors' futures as a result of the creation of development commissions for them, the provincial government says.

Agriculture Minister Lyle Stewart announced on Thursday that the Saskatchewan Wheat Development Commission and the Saskatchewan Barley Development Commission are being launched to give farmers the freedom "to direct check-off dollars into research" and promotion for their industries.

Both commissions are slated to be running by Aug. 1. METRO

Let the games begin: Special Olympians ready to impress

Qualifiers. 350 athletes and coaches to visit Saskatoon for two-day competition

MORGAN MODJESKI
Metro in Saskatoon

Some of Saskatchewan's hardest-working athletes will soon be going for the gold.

This weekend marks the beginning of the Special Olympics Saskatchewan 2013 Summer Games, taking place in Saskatoon.

Roger Dumont, CEO of Special Olympics Saskatchewan, said many athletes have been preparing for the competition for years.

"From an athlete perspective, they've been training for about two years," said Dumont. "They start competing in their local communities and then they come out of that and compete at the provincial games, which is what we're hosting in Saskatoon this year."

Athletes who qualify during the upcoming provincial games will go on to the 2014 Special Olympics Canada in Vancouver. From there, qualifiers will travel to Los Angeles for the Special Olympics World Summer Games in 2015.

However, Dumont noted that the games are about more than grabbing a spot on the podium.

"It's about building healthy communities so that people with intellectual disabilities get a chance to participate in their communities through sport, and have an opportunity to experience the joy of being on a team and taking responsibility," Dumont explained.

"We talk about getting excited about the games. But there are athletes who are back in their community, doing this day after day and looking forward to meeting their coach or their teammates, and that enriches their lives."

About 350 athletes and coaches from across the province will take part in the games running from June 21 to 23.

Participants of the Special Olympics Saskatchewan 2009 Summer Games share an embrace during the athletics competition. This year's event, running this weekend at various venues in Saskatoon, will see 350 participants from across the province come out and compete for a spot on the podium. CONTRIBUTED/SASKATCHEWAN SPECIAL OLYMPICS

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Floods ravage southern Alberta

Mass exodus. Tens of thousands could be evacuated as rescue teams search for stranded victims

Torrential rains and widespread flooding throughout southern Alberta on Thursday washed out roads and bridges, sent residents scurrying for safety, and delivered up surreal scenes of cars, couches and refrigerators just floating away.

The RCMP put out a call for help to the Canadian Armed Forces, which sent in two helicopters and a Hercules aircraft to help extract people stranded by water.

Officials with the City of Calgary said as many as 100,000 people in low-lying neighbourhoods could be forced from their homes due to heavy flooding, an evacuation that would take place in stages over the next few days.

Bruce Burrell, director of the Calgary Emergency Management Agency, said water levels on the Bow River aren't expected to subside until Saturday afternoon.

"Depending on the extent of flooding we experience overnight, there may be areas of the city where people are not going to be able to get into until the weekend," he told a news conference.

There were flashpoints of chaos from Banff and Canmore and Crowsnest Pass in the Rockies, to Calgary and beyond in the north and south to Lethbridge.

The Bow River Basin was battered with up to 100 mm of rain. THE CANADIAN PRESS

Rainfall warning

The province reported that 12 communities were under states of emergency.

- Environment Canada issued a rainfall warning for the affected areas, estimating as much as 100 mm more rain could fall in the next two days.

Evan Yaets crawls out the back window of his truck with his cat Momo as floodwaters sweep him downstream in High River, Alta., on Thursday after the Highwood River overflowed its banks. Hundreds of people have been evacuated in the town, with volunteers and emergency crews helping stranded residents. JORDAN VERLAGE/THE CANADIAN PRESS

Swept away

STARS search for missing Albertans

One of two people believed to have been swept away by floodwaters on the swollen Highwood River was rescued Thursday afternoon, but the other was still missing, according to STARS air ambulance.

Spokesman Cam Heke said a third-party, "non-STARS helicopter" was able to rescue a man from atop a trailer floating in the river.

Earlier in the day, rising waters swept away a house trailer near Black Diamond. It's believed two people were inside.

"STARS was requested to aid in a search-and-rescue effort after reports of two adults going missing following the capsizing of that trailer," Heke said. METRO

RCMP widen Senate expense scandal

The police investigation into the Senate expenses scandal grew wider Thursday with the release of court documents that indicate the Mounties are now looking into a second senator.

Documents released from the Ottawa courthouse show the RCMP's Sensitive and International Investigations unit has obtained property records for a house in Cobden, Ont., once owned by Sen. Mac Harb.

Property records show Harb sold the house at 62 Durack Line Rd. in Cobden, about 120 kilometres west of Ottawa, two years ago.

The court documents mark the first acknowledgment that the RCMP is investigating Harb. Cpl. Lucy Shorey, a spokeswoman for the RCMP, declined further comment.

"We are not in a position to comment any further at this time," Shorey wrote in an email.

The name "Project Amble" is written under the heading "Nature of Event" on the exhibit report. It's unclear if the name refers only to the Harb investigation or to the Senate probe more broadly.

Harb, a Liberal who now sits as an independent, is among the senators in trouble for improperly claimed living expenses.

Following an external audit, Harb was ordered to repay $51,500 in housing and living expenses claimed over the two-year period of the audit. But the Senate has since demanded that he repay $231,649, covering eight years. THE CANADIAN PRESS

Tip of the iceberg?

The RCMP is also combing through the campaign returns of 11 Conservative candidates for whom Duffy campaigned during the last federal election, documents show. They asked Elections Canada for files on Natural Resources Minister Joe Oliver and current Conservative MPs Gerald Keddy, Greg Kerr, John Carmichael and Wladyslaw Lizon, among others.

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One-third of women worldwide suffer domestic violence: WHO

Report. Assault by an intimate partner found to be the most common kind of violence experienced by women

Shoes representing female victims of violence are displayed by protesters from the Chilean Network Against Domestic and Sexual Violence in Santiago in July 2009. About a third of women worldwide have been assaulted by a former or current partner, according to WHO. SANTIAGO LLANQUIN/THE ASSOCIATED PRESS FILE

About a third of women worldwide have been physically or sexually assaulted by a former or current partner, according to the first major review of violence against women.

In a series of papers released Thursday by the World Health Organization and others, experts estimated nearly 40 per cent of women killed worldwide were slain by an intimate partner. Being assaulted by a partner was the most common kind of violence experienced by women.

WHO defined physical violence as being slapped, pushed, punched, choked or attacked with a weapon. Sexual violence was defined as being physically forced to have sex, having sex because you were afraid of what your partner might do and being compelled to do something sexual that was humiliating or degrading.

The report also examined rates of sexual violence against women by someone other than a partner and found about seven per cent of women worldwide had previously been a victim.

In conjunction with the report, WHO issued guidelines for authorities to spot problems earlier and said all health workers should be trained to recognize when women may be at risk and how to respond appropriately.

Globally, the WHO review found 30 per cent of women are affected by domestic or sexual violence by a partner. The report was based largely on studies from 1983 to 2010.

In a related paper published online in the journal Lancet, researchers found more than 38 per cent of slain women are killed by a former or current partner.

Heidi Stoeckl, one of the authors at the London School of Hygiene and Tropical Medicine, said the figures were likely to be an underestimate.

THE ASSOCIATED PRESS

Not considered a crime

600M

According to the UN, more than 600 million women live in countries where domestic violence is not considered a crime.

Africa, Middle East

37%

The rate of domestic violence against women was highest in Africa, the Middle East and Southeast Asia, where 37 per cent of women experienced physical or sexual violence from a partner at some point in their lifetime.

Americas, Europe

23%

The rate was 23 per cent in North America; 30 per cent in Latin and South America; and 25 per cent in Europe and Asia.

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Firefighters apologize for pulling sexist prank

Two Vancouver firefighters have been reprimanded for sending a package containing a box of tampons and recipes from women's magazines to the Port Coquitlam fire department after it hired its first female members in more than a decade.

The package was sent a few weeks ago and addressed to a male friend of the senders who works in the PoCo department, but was intercepted before it got to him.

Vancouver Fire Chief John McKearney said the sexist prank was completely unacceptable, and the pair have both had letters of discipline put in their files.

"When it was brought to my attention, I did an investigation, the two members came forward and they went through a disciplinary hearing before a panel of chief officers, and they were subsequently disciplined," McKearney said Thursday.

Two Vancouver firefighters have been disciplined for sending a box of tampons and recipes from women's magazines to the Port Coquitlam fire department. PHOTO ILLUSTRATION/METRO

"It was a stupid, ignorant prank, but they took full responsibility. Both members are young members in our organization. ... They didn't even stop to think how this would affect members in both organizations and our citizens and especially our women firefighters."

He added that both culprits are "terrific individuals" and said the act was "totally out of character" for them.

Gord Ditchburn, president of the union that represents Vancouver firefighters, agreed with McKearney and said the Port Coquitlam fire department has accepted an apology from those responsible.

"These two individuals have been model employees over the years and it was an incredibly stupid lack of judgment, and they regret this," he said. "We do a tremendous amount of work to make sure that our workplace is very respectful."

KATE WEBB/METRO IN VANCOUVER

Alleged conflict

Supreme Court won't hear appeal against Ford

The Supreme Court of Canada decided Thursday it will not hear an appeal in a conflict of interest case involving troubled Toronto Mayor Rob Ford.

The appeal sought to restore a lower court ruling, which last year found Ford in a conflict of interest and ordered him removed from office.

As usual, the Supreme Court gave no reasons for refusing to hear the case.

The matter dates to 2010, when Toronto's integrity commissioner ruled that Ford — at the time a city councillor — had abused his position by using official letterhead and other council resources in fundraising letters which generated $3,150 for his football foundation.

THE CANADIAN PRESS

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City of Regina | REGINA Infinite Horizons

Going to see World War Z this weekend? Cineplex will soon start selling the SuperTicket, a hybrid of both movie admission and a digital download of the same film. JAAP BUITENDIJK/PARAMOUNT PICTURES

New Cineplex ticket lets you download film later

Movies. Deal with major studios means theatre patrons can pre-order digital copy

Canadians who would like to own the films they've just seen at the theatre will soon have a chance to double-up at the box office, as part of an agreement between Cineplex Inc. and several major Hollywood studios.

The country's largest theatre chain is about to launch SuperTicket, a hybrid of both a movie admission and digital download of the same film.

When movie-watchers buy their Cineplex ticket either online or at the box office, they'll also have the option to pre-order a digital copy of the same film. The online version will become available to them around the time it's headed to DVD.

The digital copies will be in UltraViolet, which allows sharing of the digital downloads on multiple devices such as desktop, laptop and tablet computers or smartphones.

Cineplex says it's a first for the movie industry, which has been looking for new ways to boost sales of home entertainment, as the popularity of physical media begins to fade.

THE CANADIAN PRESS

Quoted

"I'm convinced that by the end of the summer, we will have at least, if not all of them, 95 per cent of them."

Cineplex president and chief executive Ellis Jacob, speaking about major movie studios signing on.

Bleak outlook. Canadian youth face chronic unemployment

A new report says Canadian youth face the risk of chronic unemployment despite being more educated than ever.

The report by CIBC says a lack of summer jobs and part-time work makes it difficult for youth to gain the experience necessary for permanent positions.

About 420,000 youth aged 15 to 24, or nearly one in 10 young Canadians, are neither employed nor enrolled in school. CIBC deputy chief economist Benjamin Tal, the study's author, says these youth likely do not have the skills necessary to compete in the labour market and could remain chronically unemployed.

The report suggests combining education and work-related training to help youth find jobs while in school.

THE CANADIAN PRESS

Market Minute

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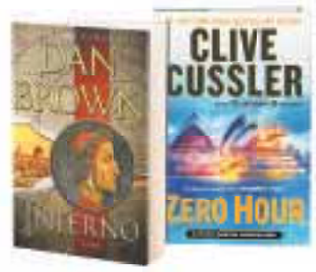

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HIGH FIVES FOR HAND WASHERS

Welcome to The Metro List, the nation's foremost source for the week's best stories. Not the top ones — the best ones. Trust me.

1 Tony Soprano fades to black. The great James Gandolfini, who revolutionized television as Tony Soprano, everybody's favourite Mafioso, dies Wednesday of a massive heart attack at 51. Now we'll never know what happened after the infamous last episode, as a sequel without the greatest character since King Lear is unthinkable.

2 Bob Rae fades to grey. The man who never quite succeeds, whether he's the premier of Ontario or the interim leader of the federal Liberals, decides to call it a day and retires from Parliament to not quite succeed … at something else.

THE METRO LIST
Paul Sullivan
metronews.ca

3 Now you tell us. The head of Exodus International, an "ex-gay ministry" charged with the holy mission of curing homosexuals, abruptly shuts down his 200 ministries with an apology to gays: "You have never been my enemy," says president Alan Chambers. "I am very sorry that I have been yours." Oh, and those "on-going same-sex attractions"? He now accepts them as part of his life "that will likely always be there."

4 Just when we lose one disease, another one pops up. The American Medical Association declares obesity a disease. It's obviously contagious: more than one-third of Americans are now obese. Here's the good news. There's a sure-fire cure, but it doesn't come with fries.

5 Another disease? This one is called "poverty." According to one study, 50 per cent of Aboriginal children live below the poverty line. According to another study, there are 30,000 people across Canada who will spend the night homeless or in a homeless shelter. According to the first study it will cost $7.5 billion a year to bring all children up to the poverty line. According to the second, homelessness has a $7-billion-a-year price tag. Are you thinking what I'm thinking? Eliminate homelessness and child poverty disappears.

6 A different kind of poverty. The Donald turns up in Vancouver and announces the development of the Trump Vancouver, a $500-million, 63-storey luxury hotel, condo development and spa, the second Trump spire in Canada, just a polite smidge shorter than the one in Toronto. Champagne was served.

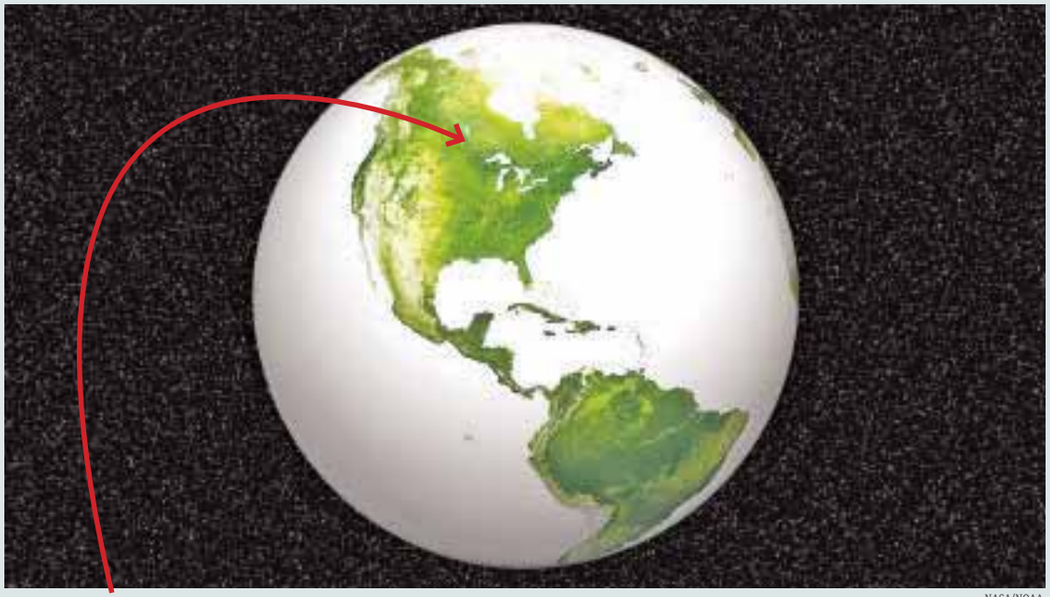
7 We knew it. Another day, another study. Turns out 15 per cent of men don't wash their hands after going to the bathroom. Of those who do, only half use soap. That means your chances of shaking hands with some guy who didn't wash after relieving himself are perilously high. Of course, women are infinitely more civilized: only five per cent don't wash up and of those who do, 78 per cent use soap. Men are potting soil. Men are plaque.

8 Bieberwatch. Speaking of potting soil, Justin Bieber runs over a photographer while leaving a nightclub in his white Ferrari. Neither the car nor the paparazzo were damaged. Bieber was already damaged goods.

Follow The Metro List on Twitter @TheMetroList

ZOOM

The grass *is* always greener …



NASA/NOAA

NASA shows how lush our Earth is

Scientists have collected a year's worth of satellite observations to create a series of images showing the entire world's vegetation.

NASA spent 12 months gathering data from its Suomi National Polar-orbiting Partnership satellite to reveal the stark contrasts between lush, green and dry, arid regions of Earth.

NASA's Suomi NPP measures plant growth, vegetation cover and biomass production from satellite information. It is calculated from the visible and near-infrared light reflected by vegetation. The data is also used to measure cloud and aerosol properties, ocean colour, sea and land surface temperature, ice motion, fires, and the planet's albedo (reflected sunlight). METRO

"Although 75 per cent of the planet is a relatively unchanging ocean of blue, the remaining 25 per cent of Earth's surface is a dynamic green," says NASA. The space agency's data can also be for environmental monitoring, weather prediction models and drought forecasts. NASA/NOAA

Clickbait

HANNAH ZITNER
hannah.zitner@metronews.ca

With Yahoo! crossing the t's and dotting the i's in acquisition of Tumblr (for a hefty $1.1B), we take a look at what exactly they're buying. Or more specifically, which pages people are reading … other than porn (sticking with English pages to keep it simple, sorry Manga fans).

mcupdate.tumblr.com:
All minecraft , all the time. MC update takes the No. 1 spot with more than 1.5 million visitors per month.

whitemenwearinggoogleglass.tumblr.com:
While it's fallen slightly from grace giving up it's Top 10 spot, it would be neglectful not to mention the white men wearing Google Glass.

publicshaming.tumblr.com:
Matt Binder retweets and posts screen shots of racist, bigoted 'idiotic' tweets. Thus shaming the racist, bigot, idiot.

occupygezipics.tumblr.com:
Probably doesn't need an explanation. Pictures from the protests in Turkey's Gezi Park.

Twitter

@metropicks asked: @MetroFernando says you need manners for marathon training. What's your tip for achieving goals?

@RosalinKrieger: Research, create a plan, execute and tweak it. Be persistent even when you stumble. Most important, seek out positive people.

@BarbarabeckBeck: Believe in yourself and "just do it".

Follow @metropicks and take part in our daily poll.

Comments

RE: Vancouver Teacher Reprimanded For Duct Taping Students' Mouths, published June 19

She went too far. She should have held them all back for detention and called all their parents.
Sean leblanc posted to Facebook

I imagine it probably started as a joke. I mean, can't the kids just take off the duct tape? But yea, too far if this is her means of discipline.
Andrëa Marcolini posted to Facebook

WE WANT TO HEAR FROM YOU:
Send us your comments: reginaletters@metronews.ca

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SCENE 2

Synopsis

After making a pancake breakfast for his wife (The Killing's Mireille Enos) and two kids (Sterling Jerins and Abigail Hargrove), ex United Nations investigator Gerry Lane (Pitt) drives his family to school and right into the middle of the zombie apocalypse. Drawing on his years of experience in war zones he navigates them to safety before he embarks on a mission to find patient-zombie zero and a cure for the virus that has turned most of the world's population into "Zekes."

- Richard: ●●○○○
- Mark: ●●●○○

Brad Pitt is an ex UN investigator out to save the world in World War Z. HANDOUT

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Zombie film needs life

World War Z.
Brad-Pitt-helmed apocalyptic thriller a victim of dim lighting and lacklustre action

Richard: Mark, I like zombie movies. I also like Brad Pitt, so I'm disappointed that World War Z feels a bit dead on its feet. It has several thrilling scenes — the zombie hordes crawling over one another to scale a giant wall is really cool — but it doesn't even have the oomph of an episode of The Walking Dead. I know zombie apocalypses happen in dimly lit places, but the low light in the first hour of the movie makes it almost impossible to see Brad laying a whooping on the undead, which is the whole reason you buy a ticket to a movie like this.

Mark: Richard, low light means less makeup for the aging Mr. Pitt. But I liked this movie, and I'm not a fan of zombie flicks. The movie reminded me of Contagion but with corporeal viruses that you could actually see. The gore is tasteful, which not everybody will like, but it meant I could concentrate on the story and Pitt's haircut. But you're right about the low light. At times I thought I was watching a grad thesis from the Canadian Film Centre.

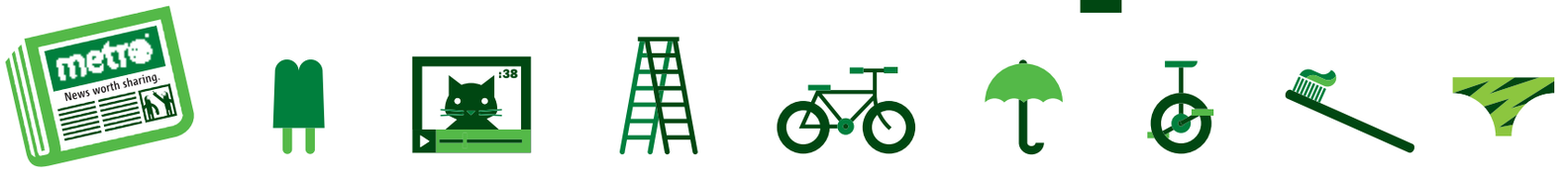
RC: The "aging" Mr. Pitt still looks better than I do on my best day, low light or not. My problem with it had more to do with not be able to see what was going on. This is a 3D action movie that actively tries to not show you all three dimensions of a good chunk of the action. It builds some atmosphere, but anyone with any braaaaains would have turned up the lights. On the other hand an exciting scene on an airplane really shows what a horror it is to fly in economy class.

MB: Ha! That was one of the good scenes, as was the entire Israel sequence, which I think was making a sly point about the limitations of a fortress-state. The long scene in the research facility felt like an exercise in taut, old-fashioned moviemaking, and the opening chase on the highway was harrowing and involving. But let's talk about the real stars of the picture: the zombies. They moved fast, which I liked, and often as a mass, frighteningly, by the thousands, creating an indelible image of a foe that may not just be zombies, but communists.

RC: It's just that the movie doesn't offer up any really great zombie one-on-one head splitting action à la The Walking Dead or great characters. One or the other would have breathed some life into this movie.

MB: Outside of Pitt, none of the characters really stick out, with one exception: David Morse's cameo as a turncoat CIA agent. Scarier than the zombies.

Sharability



Drama

Before Midnight

Director. Richard Linklater

Stars. Ethan Hawke, Julie Delpy,

If you're a fan of the "Before" movies, watching Before Midnight will be like reconnecting with old friends. In the almost 20 years since we first met Jesse and Celine (Ethan Hawke and Julie Delpy) they have flirted and talked through the vagaries of life in two films, Before Sunset and Before Sunrise. Now they are a committed couple with twin daughters, but their introspection continues courtesy of beautifully written and performed conversations that explore how fissures can develop no matter how deep a couple's connection.

RICHARD CROUSE

Animated

Monsters University

Director. Dan Scanlon

Stars. Billy Crystal, John Goodman

With films like Wall-E and Ratatouille, Pixar became as known for developing thoughtful, streamlined family fare as it did for animation advancements, but Monsters University shows these pioneers could be losing their sharpness. A prequel to 2001's Monsters, Inc., the standard storyline follows unassuming eyeball Mike Wachowski as he struggles to succeed in the schooling of scaring kiddies. Sure, it's fun and froth for the preteen set but the film's simplified formula simply falls flat against Pixar's best work. **STEVE GOW**

Documentary

The Sheepdogs Have At It

Director. John Barnard

Stars. The Sheepdogs

The Sheepdogs' triumph in Rolling Stone magazine's 2011 cover contest was a sight to see, but as this documentary about the Saskatoon rockers emphasizes, it's what you do with that publicity that really counts. Chronicling the recording of their major label debut, Have At It follows the band into the studio and on tour, delivering a pretty standard rock doc in the process. But the band's ascent is meat-and-potatoes rock band territory; save the cover win, there's nothing extraordinary about their story. **IAN GORMELY**

THESE PAGES COVER MOVIE START TIMES FROM FRI., JUNE 21 TO THURS., JUNE 27 TIMES ARE SUBJECT TO CHANGE.

Southland Mall
3025 Gordon Rd.

Before Midnight (14A) Fri 7:35-10:25 Sat-Sun 1:20-4:20-7:35-10:25 Mon-Thu 4:55-7:30 Star & Strollers Screening Wed 1
The Bling Ring (14A) Fri 7:45-9:55 Sat-Sun 1:50-5:05-7:45-9:55 Mon-Thu 6-8:45
Epic (G) Sat-Sun 12:50
Epic 3D (G) Fri 6:55-9:30 Sat-Sun 3:45-6:55-9:30 Mon-Thu 5:30-8
The Internship (PG) Fri 7:20-10:15 Sat-Sun 12:30-3:55-7:20-10:15 Mon-Thu 5:35-8:20 Star & Strollers Screening Wed 1
Iron Man 3 (PG) Fri 7:05 Sat-Sun 1-4-7:05 Mon-Thu 5:10
Man of Steel (PG) No Passes Fri 6:50-10:10 No Passes Sat-Sun 12:10-3:30-6:50-10:10 No Passes Mon-Thu 4:50-8:05
Man of Steel 3D (PG) No Passes Fri 7:40-10:50 No Passes Sat-Sun 1:10-4:30-7:40-10:50 No Passes Mon-Thu 5:20-8:35
Monsters University (G) No Passes Sat-Sun 1:30 No Passes Mon-Thu 5:05
Monsters University 3D (G) No Passes Fri 7:10-9:45 No Passes Sat-Sun 4:10-7:10-9:45 No Passes Mon-Thu 7:40
My Little Pony: Equestria Girls (G) Sat 11:30
Star Trek Into Darkness (PG) Fri-Sun 10 Mon-Thu 8:15
This Is the End (18A) Fri 8-10:40 Sat-Sun 2-4:55-8-10:40 Mon-Thu 5:50-8:50
World War Z 3D (14A) No Passes Fri 7:50-10:30 No Passes Sat-Sun 1:40-4:45-7:50-10:30 No Passes Mon-Thu 5:40-8:30

Galaxy Cinemas Normanview S.C.
420 McCarthy Blvd. N. Unit

Alien (14A) Mon 7
Exhibition: Munch 150 (STC) Thu 7:30
Fast & Furious 6 (14A) Fri 4:20-7:20-10:15 Sat-Sun 1:20-4:20-7:20-10:15 Mon 9:50 Tue-Wed 7:10-10:10
The Heat (14A) No Passes Thu 10:05
Man of Steel (PG) No Passes Fri 9:50 No Passes Sat-Sun 11:50-9:50 No Passes Mon-Thu 10
Man of Steel 3D (PG) No Passes Fri 3:30-6:40 No Passes Sat-Sun 3:05-6:40 No Passes Mon-Thu 6:50 No Passes Fri 4:05-7:25-10:40 No Passes Sat-Sun 12:50-4:05-7:25-10:40 No Passes Mon-Thu 7:20-10:30
Monsters University (G) No Passes Fri 6:50 No Passes Sat-Sun 1-6:50 No Passes Mon-Thu 6:55
Monsters University 3D (G) No Passes Fri 5-7:45-10:30 No Passes Sat-Sun 11:45-2:25-5:05-7:45-10:30 No Passes Mon-Wed 7:25-10:05 No Passes Thu 7:10-9:50 No Passes Sat 11:05
My Girl (STC) Sat 11
Now You See Me (PG) Fri 4:25-7:10-9:55 Sat 1:40-4:25-7:10-9:55 Sun 1:15-4:25-7:10-9:55 Mon 7:40-10:25 Tue-Thu 7:40-10:20
Oceans (G) Sun 12:45
The Purge (14A) Fri 4:40-7:55-10:10 Sat-Sun 1:15-3:30-5:45-7:55-10:10 Mon 7:50-10:15 Tue 7:50-10:10 Wed 10:25 Thu 7:50
Star Trek Into Darkness (PG) Sat 1:05
Star Trek Into Darkness 3D (PG) Fri 3:50-7:10 Sat-Sun 4-7:10 Mon 7:05-10:10 Tue-Wed 7:05-10 Thu 9:40
This Is the End (18A) Fri 4:35-8-10:35 Sat-Sun 12:10-2:45-5:20-8-10:35 Mon 7:15-9:45 Tue 7:55-10:25 Wed 7:50-9:50 Thu 7:55-10:25
White House Down (14A) Thu 7:05-10:10
World War Z (14A) No Passes Fri 4-9:45 No Passes Sat-Sun 3:50-9:45 No Passes Mon-Thu 9:35
World War Z 3D (14A) No Passes Fri 4:50-7:40-10:25 No Passes Sat-Sun 2-4:50-7:40-10:25 No Passes Mon-Tue 7:35-10:20 No Passes Wed-Thu 7:35-10:15

Kramer IMAX Theatre
2903 Powerhouse Dr.

Flying Monsters 3D (STC) Fri 11-2:15-4:45-8:15 Sat-Sun 2:15-4:45-8:15
Rocky Mountain Express (STC) Fri-Sun 1-3:30-7

Golden Mile
3806 Albert St.

42 (PG) Fri-Thu 1:10-3:45-6:30-9:10
After Earth (PG) Fri-Thu 1:20-3:45-6:30-9:10
The Company You Keep (PG) Fri-Thu 4-9:20
The Croods (G) Fri-Thu 1:15-4:05-6:50-9:20
Escape From Planet Earth (G) Fri-Thu 1:25-4:05
The Great Gatsby (PG) Fri-Thu 2-7:10
The Hangover Part III (14A) Fri-Thu 1:15-3:50-6:40-9:15
Identity Thief (14A) Fri-Thu 1:10-3:45-6:35-9:15
Pain & Gain (14A) Fri-Thu 6:35-9:05
The Sheepdogs Have at It (PG) Fri-Thu 1:25-7

Regina Public Library Film Theatre, 23 11 12th Ave.

At Any Price (18A) Thu 7
Hannah Arendt (PG) Thu 9
The House I Live In (STC) Fri 7 Sat 9 Sun 7
Kon-Tiki (G) Fri 9 Sat 7 Sun 9
No Films Showing Today (STC) Mon-Tue Wednesday Plus (STC) Wed 7

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Daniel Radcliffe ALL PHOTOS: GETTY IMAGES

Radcliffe: Doctor Who? Not Doctor Me!

With the search underway for a new Doctor Who, at least one British actor is scratching his own name off the list.

"I've done one iconic character, that might be enough," Daniel Radcliffe tells the Sun newspaper.

And speaking of iconic British characters, Radcliffe also insists he'll never be considered to take over playing James Bond due to his small stature, but that doesn't mean he's not interested in taking part in the franchise.

"I would make a much better villain than Bone," he says. "I am not nearly strapping enough to play Bond."

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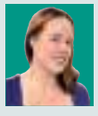
METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

The new Lone Ranger reveals past sexual danger



THE WORD
Dorothy Robinson
scene@metronews.ca

Armie Hammer got knifed during sex?

Well, here's a story you don't hear every day from a celebrity interview: Armie Hammer, the hunky actor from The Social Network (twice over) and the new Lone Ranger movie, once had a knife pulled on him during sex.

"One chick tried to stab me when we were having sex. I should so not be telling this story. She was like, 'True love leaves scars. You don't have any.' And then she tried to stab me with a butcher knife. Of course I promptly broke up with her — seven months later," he tells Elle magazine in a new interview.

Funny. I had no idea Armie Hammer and Amanda Bynes ever dated, did you?

Justin Bieber

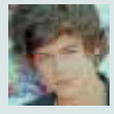
The Biebs now knows how his monkey felt, as Selena leaves him behind

Maybe Justin Bieber's on-again, off-again relationship with Selena Gomez won't be going on again anymore, as Gomez has reportedly moved on with British singer-songwriter Ed Sheeran," according to Us Weekly.

"They are hooking up," a source tells the magazine. "She got sick of having to take care of Justin like he was her child. This is a nice escape from the drama."

Twitter

@EmWatson
Just seen my new teen vogue cover! its awesom-mmeeee. I have a quiff! I think ill be 50 and begging to be on the cover of teen vogue.



@Harry_Styles
Caught some fireflies and sat on a front porch. USA.

@jimmykimmel
I'm sadder about James Gandolfini than everyone else.

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Whether you enjoy it between pound cake or cookies, ice cream is even better in a sandwich. MATTHEW MEAD/ THE ASSOCIATED PRESS

We all scream — for Ice Cream Sandwiches

A summer buffet. Tinker with the perfection that is this season's finest treat by sandwiching it between some delicious additions

When it comes to enjoying an ice cream sandwich buffet, encourage your guests to get a little crazy. Why sandwich just one variety of ice cream when you could combine two or more?

And assure them that creating totally over-the-top treats is not just appropriate, but expected. Try sandwiching chocolate ice cream between two whoopie pies with layers of peanut sauce and marshmallow spread, for example.

Shortcake Sandwich
Spread 2 pieces of thinly sliced and toasted pound cake with strawberry jam, then fill with vanilla or strawberry ice cream.

Black and Red
Sandwich raspberry sorbet between chocolate wafer cookies.

Creamsicle
Sandwich orange sherbet or gelato between vanilla sugar cookies. Add a smear of chocolate fudge sauce, if desired.

S'More
Spread marshmallow spread on graham crackers, fill with rocky road or chocolate ice cream.

Lemon Spice
Drizzle a touch of butterscotch or caramel on a soft molasses cookie, then top with lemon sorbet or sherbet, then a second molasses cookie.

THE ASSOCIATED PRESS

Ingredients

For the "bread"
- Pound cake, sliced and toasted
- Chocolate wafer cookies
- Sugar cookies
- Graham crackers
- Oatmeal raisin cookies
- Chocolate chip cookies
- Molasses cookies
- Whoopie pies

For the spreads
- Fruit jams, such as raspberry or strawberry
- Chocolate fudge sundae sauce
- Marshmallow spread
- Butterscotch topping
- Caramel sauce

For the frozen fillings
- Ice cream
- Sorbet
- Sherbet
- Gelato

Liquid Assets

The belle of Bordeaux

LIQUID ASSETS
Peter Rockwell
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liquidassets@eastlink.ca

When you think of French wines, what place first comes to mind? I asked a cross section of wine lovers (OK, my drinking buddies) and they all came up with the same thing: Bordeaux.

Bordeaux is the original home of grape kings like Cabernet Sauvignon and Merlot, along with some of the most gorgeous real estate in the wine world. This region is where the château hits the fan.

I recently had a chance to tour Château Mouton Rothschild, one of the classiest wine estates in France and the home of its famous red with the prestigious First Growth status.

That kind of wine comes with a price. A recent vintage of Mouton will set you back more than $1,000. But there's more to the winery than their superstar bottle. It also makes Mouton Cadet, a pair of wines (red and white) that have been shipped to Canada for decades. Though the region is red wine territory, its whites are true undiscovered gems. The 2011 Mouton Cadet Blanc ($12.99 to $15.99) is fresh and bright with a light citrus expression that works wonders with a seafood menu. **PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**

Pies-in-a-cup: Cute vegan decadence

NICOLE MACPHERSON
yummymummyclub.ca

This no-bake recipe is so simple you will want to make it over and over again. And it's so decadent and delicious no one will believe it's vegan.

1. Stir melted coconut oil and chocolate cookie crumbs.

2. Press mixture into individual ramekins or small mason jars, to a one-inch thickness.

3. Place chopped chocolate in a medium heat-safe bowl. Add vanilla.

4. In a small saucepan, bring coconut milk to a boil. Pour over chopped chocolate and stir until smooth.

5. Pour chocolate mixture into the ramekins or mason jars over top the chocolate cookie crust. Refrigerate until firm, approximately 2-3 hours.

6. Garnish with berries and serve. **YUMMYCLUB.CA IS AN ONLINE RESOURCE TO HELP WOMEN SURVIVE MOTHERHOOD.**

Ingredients

- 1/4 cup coconut oil, melted
- 1 1/4 cup chocolate cookie crumbs
- 8 oz dark chocolate, chopped (or dark chocolate chips)
- 2 tsp vanilla
- 400 ml can coconut milk, full fat
- Berries for garnish

This recipe makes approximately 10 miniature pies, depending on jar/ramekin size. NICOLE MACPHERSON OF YUMMYMUMMYCLUB.CA

metro

NATIONAL ABORIGINAL DAY

Weekend, June 21-23, 2013

National Aboriginal Day is a celebration of all Aboriginal cultures in Canada, and of the contributions those cultures make to this country today. TORSTAR NEWS SERVICE FILE

Celebration of cultures, contributions

CHRIS EDWARDS
For Metro

Friday is National Aboriginal Day, a celebration of all Aboriginal cultures in Canada, and of the contributions those cultures make to this country today. Recognizing the heritage of First Nations, Inuit and Métis peoples, it is a learning experience for all of us. It's a lot of fun, too.

National Aboriginal Day was first celebrated June 21, 1996, having been proclaimed the week before by then governor general Roméo LeBlanc. The date was meaningful — June 21 marks the summer solstice, the longest day of the year, one recognized with festivals in many Aboriginal societies. The National Indian Brotherhood (now the Assembly of First Nations) had called for formal recognition of the date nearly 15 years before.

Today, NAD events are held across the country, open to all. This year's list includes family-friendly events like pancake breakfasts, games, art and museum displays, powwows and more, in communities as far-flung as Regina, New Westminster, B.C., Montreal, and Thunder Bay, Ont.

To learn about events near you, visit the Aboriginal Affairs and Northern Development Canada website at aandc-aadnc.gc.ca.

And keep checking back to the website — new events will be added regularly.

At SIAST, there are more reasons than ever before to celebrate.

- Almost 3,000 SIAST students declare themselves as having Aboriginal ancestry. That's more Aboriginal students than at any other Saskatchewan post-secondary institution.
- More than 91% of Aboriginal students say they'd recommend SIAST to a friend.
- At SIAST, you receive support to find funding, housing, childcare and employment, as well as Elder access and tutor support.

Find out how you can catch your career dream at goSIAST.com. Seats still available for this fall.

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SIAST

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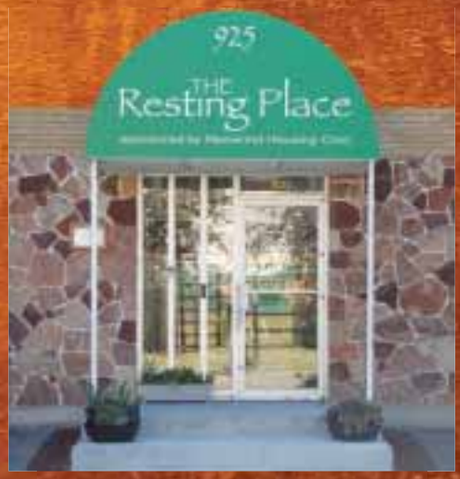
Namerind Housing Celebrates National Aboriginal Day

National Aboriginal Day brings us a chance to reflect on ways to come together as a community. At Namerind, we are proud to employ all those in the Aboriginal community - First Nations, Metis, Non-Native, Visible Minority, and women in non-traditional roles. Community support is central to everything we do, from supplying safe, affordable housing to investing in community services like our Winnipeg Street Pharmacy.

We acquired the Winnipeg Street Mall at 1106 Winnipeg Street in Regina in 2009. When we took over management, the mall already housed a community clinic, which was home to seven doctors and two nurse practitioners. We discovered that there was an unmet need in the community and opened a pharmacy to service patients in the surrounding neighbourhood, keeping costs for customers as low as possible. Under the PharmaChoice banner, our pharmacist Bev Brooks provides much needed healthcare support and counsel from Monday to Friday each week.

Pharmacy Hours: 8:30 – 12:00 and 1:00 – 5:30 Monday through Friday
Free city-wide delivery



To further support the health of our community, we opened The Resting Place, which provides a fully-furnished home away from home for those in town for medical appointments or treatments. For more information on these and our other community projects, please visit www.namerindhousing.ca.

All profits from the pharmacy and the Resting Place are reinvested back into Namerind Housing Corporation so that we may continue to provide affordable housing to the Aboriginal community in Regina, while creating economic opportunities and focusing on Namerind's financial and environmental sustainability.

Namerind Housing Corporation
1121 Winnipeg Street, Regina, Saskatchewan S4R 1J5
Phone: 306 525-0147 • Fax: 306 525-0111
www.namerindhousing.ca

Exploring stereotypes

RAFIQUE BHUIYAN
For Metro

First Nations University of Canada student Rafique Bhuiyan, left, and John Legimodiere, an instructor at the university. CONTRIBUTED

(Editor's note: First Nations University of Canada in Regina offers a journalism course called Indian communication arts. A recent class had 10 Aboriginal students, six white students and one Bangladeshi student, Rafique Bhuiyan, enrolled. During the radio training, Bhuiyan was sent out with an Aboriginal woman to ask questions about stereotyping. Here is his personal report.)

At First Nations University of Canada, in the Indian communication arts journalism course, many experienced professionals teach about journalism in the 21st century. Merelda Fiddler, a CBC producer and part-time professor of indigenous studies, asked if I would do street interviews for their radio show about stereotyping.

The questions were: What do you think about people of another race or culture and what should we do to not stereotype?

Hazel B., an Aboriginal, said, "I think we should look at each other as human beings, not by colour or race. I see many people who do have a problem with other people."

Triss W., a white woman, said, "I think we need to interact and engage with each other and seek to understand them. When we spend time with people and try to understand who they are, these assumptions don't hold. So, probably, the best thing we can do is to engage and communicate openly."

Abhilash M., an Indian, said, "Teachers and parents should teach children that we are all the same. You should not judge people by colour, race or religion. This should be done from the ground level, at school age. Kids learn at that age and kids will follow what we say to them at that age."

Tiffany M., from Ireland, said, "I think we're all the same. It does not matter what colour you are. We are all good people."

Classmate Nicole said, "Negative media attention is not helpful to positive social change." She said Aboriginal stories should be constructive and keep people informed. "And not only on National Aboriginal Day."

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Eva Aariak is Nunavut's second premier, and the first woman to hold the post. CONTRIBUTED

Premier. Nunavut is a force to be reckoned with

CHRIS EDWARDS
For Metro

Eva Aariak is premier of Nunavut, Canada's newest territory. She is Nunavut's second premier, and the first woman to hold the post.

The following is an interview with Aariak.

Q All Canadians know of Nunavut, but few have visited. What are the most common misconceptions about it?

A I think that visitors are often surprised at how well our territory has married a traditional culture with modern society. We now have a self-governing territory that reflects the language and culture of our society. We have a young population that is going out into the world and doing great things, proudly showing off their Inuit culture. Nunavut has come a very long way.

Q What will be Nunavut's greatest challenges over the next decade?

A We have 25 communities but not a single one is connected by road or rail. All of our supplies are shipped in by sealift during our short summer season or flown in at great cost. Despite immense potential for natural energy, all of our power comes from dirty diesel generators and the fuel comes up once a year by barge. Although our waters are bountiful with fish, we must off-load it in Greenland because we do not have a deep-sea port. We desperately need long-term investment in basic infrastructure, including housing, hydro, and ports, that will lower the cost of living and doing business. To reach our full economic potential, Nunavut needs the same infrastructure that is taken for granted in southern provinces. Our social issues and poor health indicators are another challenge. An important part of addressing them is empowering our people so that they are proud of who they are and where they come from.

Q National Aboriginal Day doesn't just celebrate the history of Aboriginal Peoples — it celebrates the contributions Aboriginal Canadians are making to this country every day. How is Canada stronger for having Nunavut as one of its territories?

A Nunavut's young, creative population is a force to be reckoned with. In fact, one in five Nunavummiut is an artist, which gives us the highest concentration of artists in the country. By bringing our culture and our perspectives to the world, our people put a human face on Canada's sovereignty in the Arctic. This will be critical as Canada leads international co-operation in the Arctic over the next two years through its chairmanship of the Arctic Council. I am pleased that a Nunavummiuq, the Hon. Leona Aglukkaq, will be leading Canada's chairmanship and that Nunavummiut are ready to contribute to its success.

CUPE celebrates National Aboriginal Day

CUPE has a proud history of supporting First Nations, Inuit, and Métis members. Our National Aboriginal Council and CUPE Saskatchewan's Aboriginal Council work to increase participation of Aboriginal peoples in our union, and to promote and defend the rights of Aboriginal and young workers in both the union and in the community.

As Canada's largest union, CUPE is striving to improve the working lives of our Aboriginal sisters and brothers from coast to coast to coast.

We proudly celebrate Aboriginal peoples' contributions to communities throughout Saskatchewan.

CUPE Saskatchewan
Your Community Union
www.cupe.sk.ca

Jesse Wente is the head of film programmes at TIFF Bell Lightbox. CONTRIBUTED

Film can shape attitudes

CHRIS EDWARDS
For Metro

National Aboriginal Day gives all Canadians the chance to learn about Aboriginal history and identity. But to do that, we must overcome more than a century's worth of misconceptions — many perpetuated, and even created, by the film industry.

Jesse Wente (Ojibwa) is the head of film programmes at TIFF Bell Lightbox in Toronto. He curated last year's First Peoples Cinema: 1500 Nations, One Tradition — a film program spotlighting films directed by First Peoples from around the world, including First Nations peoples, Inuit, and Métis.

The following is an interview with Wente.

Q How much power do you think film has to shape public attitudes about a given group?

A It's quite huge. If you look at the history of indigenous people, particularly in North America, for the last 100 years or so anyway, popular understanding did come from film. Perhaps more so in the U.S., but I won't let Canadians off the hook. It's why there is such a misunderstanding about the actual history of this continent. Representations of indigenous peoples onscreen started at the dawn of cinema — some of the very first films ever made, by Thomas Edison, were of indigenous dancers. We're talking 1894. This was before there were movie theatres. What's interesting is that, since the late-1970s, indigenous artists have increasingly been responding to that history.

Q You've written that, early on, indigenous cinema was dominated by documentarians. Were they trying to set the record straight?

A Early indigenous documentary filmmakers were trying to capture events, as they happened, from a perspective they would recognize. Events were unfolding that those filmmakers felt compelled to capture from an indigenous perspective ... Up until then, you very rarely saw contemporary indigenous people depicted onscreen.

Q National Aboriginal Day recognizes three groups: First Nations, Inuit, and Métis. Do you think the Métis experience has been as well-represented within the indigenous new wave as have the experiences of First Nations and Inuit?

A No, probably not … But I think that's more a product of a lack of Métis filmmakers, or a lack of ability to get those films made. I think they're probably underrepresented, given the size of the population, and the fact that Inuit films are so highly regarded (as they should be — they're some of the best films ever made in this country). But this will eventually work itself out, and we'll get more Métis voices making and producing pictures.

Range of societies

The Canadian Constitution recognizes three groups of Aboriginal Peoples — Indians (First Nations), Inuit, and Métis. Within each of these groups can be found a range of societies and cultures, defined and distinguished from one another by geography, religion, and politics.

First Nations
The term has been used to refer to both status and non-status Indian peoples in Canada. There are 634 First Nation communities (reserves) with First Nation governments across the country.

Inuit
Inuktitut ("people") refers to an Aboriginal people living in Nunavut, the Northwest Territories, northern Quebec, and northern Labrador.

Métis
Métis peoples have a mixed First Nation and European ancestry. There are almost 400,000 self-identified Métis in Canada. CHRIS EDWARDS

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Each year, the SCBScN program accepts a total of 345 students at its locations in Regina, Saskatoon and Swift Current. The SCBScN program also has 56 designated seats available for Aboriginal Students.

Aboriginal Nursing Student Achievement Program advisors and the Aboriginal support coordinator are happy to help answer any questions about the SCBScN program. They can also let you know what services are available to Aboriginal nursing students.

Nursing student, Celeste Okemaysim

www.sasknursingdegree.ca

SIAST University of Regina

Interview. Student desires to make a positive difference

Approximately 10 per cent of the University of Regina's students self-identify as Aboriginal. Moses Gordon is one of them.

A history major beginning his fourth year of studies this fall, Gordon is also a band member of the George Gordon First Nation, born and raised in Regina.

The following is an interview with Gordon.

Q This summer you are working as a student assistant at U of R's Aboriginal Student Centre (an on-campus space where Aboriginal students can interact with other students, instructors, tutors, cultural figures and community leaders). What made you want to work at the ASC?

A The desire to make a positive difference in my community. I've realized how fortunate I am to have made it this far, and I want to bring as many people with me as I can.

Q Was the ASC helpful to you when you first began your studies?

Contributions to Canadian society

"To me, National Aboriginal Day is a celebration of the vibrancy of Aboriginal culture today and its contributions to Canadian society."

Moses Gordon, a George Gordon First Nation band member, born and raised in Regina

A It helped to connect me with the Aboriginal community on campus, by providing services and workshops to help make me a more successful student, and by helping me find my place as an Aboriginal person in today's society.

Q Do you think Aboriginal first-year students face challenges that other first years do not?

A Absolutely. While others might take it for granted, just getting through high school is quite a significant achievement for Aboriginal students … In the case of students who grew up on rural reserves, coming to university is a daunting culture shock.

Q How can this be overcome?

A By encouraging a sense of belonging. (Here, we provide) a welcoming community, with elders and cultural advisors who do what they can to give students pride in their identity and cultural heritage.

Q What does National Aboriginal Day mean to you?

A To me, National Aboriginal Day is a celebration of the vibrancy of Aboriginal culture today and its contributions to Canadian society … However, if it were a statutory holiday, more people would be free to participate in the festivities. With proper support, NAD could become a promising holiday, promoting and celebrating inclusivity among all Canadians.

CHRIS EDWARDS

CFL pre-season

Rookies help Ticats crush Blue Bombers

Rookies Lindsay Lamar and Raymond Brown gave Hamilton Tiger-Cats coach Kent Austin plenty to mull over Thursday night.

Lamar returned a punt 76 yards for a touchdown while Brown had three interceptions, returning one 115 yards for the TD, as the Ticats pasted the Winnipeg Blue Bombers 52-0 in the final CFL exhibition game for both clubs.

THE CANADIAN PRESS

CFL pre-season

Argos backup QB building case to crack roster

Zach Collaros ran in one touchdown and threw for another to lead the Toronto Argonauts to a 24-20 victory over the Montreal Alouettes on Thursday in the final pre-season game for both teams.

Collaros, who's battling Trevor Harris for the Argos' backup position, clinched the win in a homecoming of sorts for the defending Grey Cup champions when he threw a 29-yard touchdown to Juaquin Iglesias at 12:29 in the fourth quarter in front of 6,204 fans at Varsity Stadium.

With CFL cutdown day looming on Saturday, Harris was 6-19 for 79 yards and a touchdown.

Ricky Ray started for the Grey Cup champion Argos, but threw three incomplete passes in his brief playing time. THE CANADIAN PRESS

World juniors

Big expectations for big cities

They promise to be the biggest world junior hockey championships ever.

Hockey Canada announced Thursday that the 2015 and 2017 championships will be co-hosted by Canada's two largest cities — Toronto and Montreal.

"We're taking this to a whole new level," Hockey Canada president Bob Nicholson said.

News conferences were held a few hours apart in both cities for the tournaments that organizers expect to set records for attendance and revenue.

THE CANADIAN PRESS

Riders work out kinks before regular-season kickoff

Roughriders slotback Chris Getzlaf grabs a pass in front of Stampeders defensive back Jonathan Hefney during their CFL pre-season game on Thursday at Mosaic Stadium. The game was the final tune-up for both teams before they start the regular season next week. For the result, go to metronews.ca.

LIAM RICHARDS/THE CANADIAN PRESS

Championship on repeat for Heat

NBA Finals. LeBron scores 37 points in deciding game en route to series MVP award

LeBron James of the Heat cradles the NBA Finals MVP trophy and the Larry O'Brien trophy on Thursday night after Miami topped the San Antonio Spurs in Game 7 of the championship series. MIKE EHRMANN/GETTY IMAGES

LeBron James had 37 points and 12 rebounds and the Miami Heat repeated as champions with a 95-88 victory over the San Antonio Spurs in Game 7 of the NBA Finals on Thursday night.

Dwyane Wade added 23 points and 10 rebounds and Shane Battier scored 18 points on 6-for-8 shooting from three-point range for Miami. James, named the finals MVP, shot 5-for-10 on threes, all the while hounding Spurs star Tony Parker on defence to make the Heat the first back-to-back champs since the Lakers in 2009-10.

Tim Duncan had 24 points and 12 rebounds for the Spurs, who were trying to become the first road team to win a finals Game 7 since Washington in 1978. Kawhi Leonard added 19 points and 16 rebounds.

Mario Chalmers scored 14 for Miami.

Parker had 10 points on 3-for-12 shooting and four assists, and Manu Ginobili scored 18 points for the Spurs. San Antonio lost for the first time in five finals appearances.

Leonard's three-pointer made it 90-88, but Duncan missed a putback and James knocked down a 19-foot jumper with 27.9 seconds to go up by four points, sealing the victory as the fans chanted along to the White Stripes' Seven Nation Army, a trademark celebration at American Airlines Arena.

Confetti rained down the court, and James was surrounded by teammates and clicking cameras after a tour-de-force finish.

James avenged his first finals loss, when his Cleveland Cavaliers were swept by the Spurs in 2007. That helped send James on his way to South Florida, realizing it would take more help to win titles that could never come alone.

He said he would appreciate this one more because of how tough it was. The Heat overpowered Oklahoma City in five games last year, a team of 20-something kids who weren't ready to be champions yet.

THE ASSOCIATED PRESS

Game 7

95	88
Heat	Spurs

4 SPORTS

Ready for some football?

There are a number of storylines heading into the CFL regular season, which kicks off June 27. Here are five worth keeping an eye on:

THE CANADIAN PRESS
Photos by The Canadian Press and Torstar News Service

No Ticats in Steeltown

The Hamilton Tiger-Cats will play their home games in Guelph, Ont., as a new venue is being built where Ivor Wynne Stadium once stood. The Ticats missed the playoffs last year with a 6-12 record, costing head coach/GM George Cortez his job after just one season.

Hawkins era in Montreal

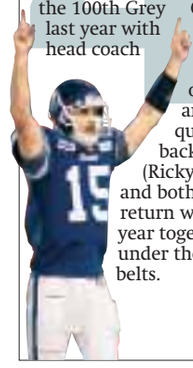
Dan Hawkins has a tough act to follow as the Montreal Alouettes head coach. Not only does he have no CFL coaching experience, he replaces Marc Trestman, who led the club to a 59-31 regular-season record and two Grey Cup wins over five seasons before being named head coach of the NFL's Chicago Bears.

Riders look to keep streak alive

Serving as Grey Cup host has proven quite beneficial the last two years. In 2011, the B.C. Lions beat Winnipeg at BC Place before Toronto dispatched Calgary last year at Rogers Centre. This year's game will be played at Mosaic Stadium in Regina, which puts the onus on the Saskatchewan Roughriders to keep the home streak alive.

Argos' quest to repeat

The Toronto Argonauts will attempt to win consecutive Grey Cup titles for the first time since 1996-97. Toronto captured the 100th Grey Cup last year with a new head coach (Scott Milanovich) and quarterback (Ricky Ray), and both return with a year together under their belts.



Much change in B.C.

B.C. Lions GM Wally Buono re-signed free-agent receiver Emmanuel Arceneaux as well as QB Travis Lulay, OLs Jovan Oliafoye and Ben Archibald and LB Solomon Elimimian. The most significant move involved Geroy Simon, who was traded to Saskatchewan after 12 seasons in Vancouver.

Money matters

Messi to face questioning on tax fraud claims

Lionel Messi and his father were ordered by a Spanish court on Thursday to appear for questioning in September as part of an investigation into tax fraud allegations.

A court in the Mediterranean coastal town of Gava near Barcelona accepted a state prosecutor's complaint alleging Messi and father Jorge defrauded the Spanish tax office of 4 million euros ($5.3 million US).

The Barcelona and Argentina star and his father will appear before Judge Anju Deb Rani in Gava on Sept. 17. That will form part of an investigation to determine whether grounds exist to charge them with tax evasion.

If charged and found guilty, Messi and his father could face a fine amounting to 150 per cent of the concealed earnings and between two and six years in prison. THE ASSOCIATED PRESS

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Horoscopes

♈ Aries
March 21 - April 20
It does not matter if you are qualified to do a certain job. What matters is that you give it a go. You may be surprised to find you are quite good at something you had convinced yourself you'd be bad at.

♉ Taurus
April 21 - May 21
You may be baffled by some of the things that have gone on in recent weeks but now they are behind you, put them out of your mind.

♊ Gemini
May 22 - June 21
So you made an error of judgment. You are human like everyone else and make mistakes like everyone else. That you made that error means you at least had the guts to try something new.

♋ Cancer
June 22 - July 23
You may not see eye-to-eye with someone but that does not mean you are destined to fall out. A lot depends on how willing you are to accept that what they do and say is just as valid as what you do and say.

♌ Leo
July 24 - Aug. 23
You will change your opinion about something that only a few days ago you seemed so sure about. The problem is that nothing is static, not even your thoughts. Just accept it.

♍ Virgo
Aug. 24 - Sept. 23
Something that a while back seemed next to impossible will soon look the easiest thing in the world. Remember: Nothing is set in stone. Nothing is made that cannot be undone and remade.

♎ Libra
Sept. 24 - Oct. 23
You have made one concession too many and now you must put your foot down and let others know the free ride is over. You may not want to be aggressive about it but you must make it clear you mean business.

♏ Scorpio
Oct. 24 - Nov. 22
Your confidence is high now that the Sun is moving in your favour again but don't take foolish risks. Socially, you will be in demand and an invitation of some kind could even lead to a new business opportunity.

♐ Sagittarius
Nov. 23 - Dec. 21
It would appear someone is trying to pressure you into doing something you don't really care for. No matter how strongly they come at you, don't give in.

♑ Capricorn
Dec. 22 - Jan. 20
You won't be in the least bit shy about telling people what they should be doing today — and if they're smart they will listen to you and act on your recommendations. You can see more clearly than they can.

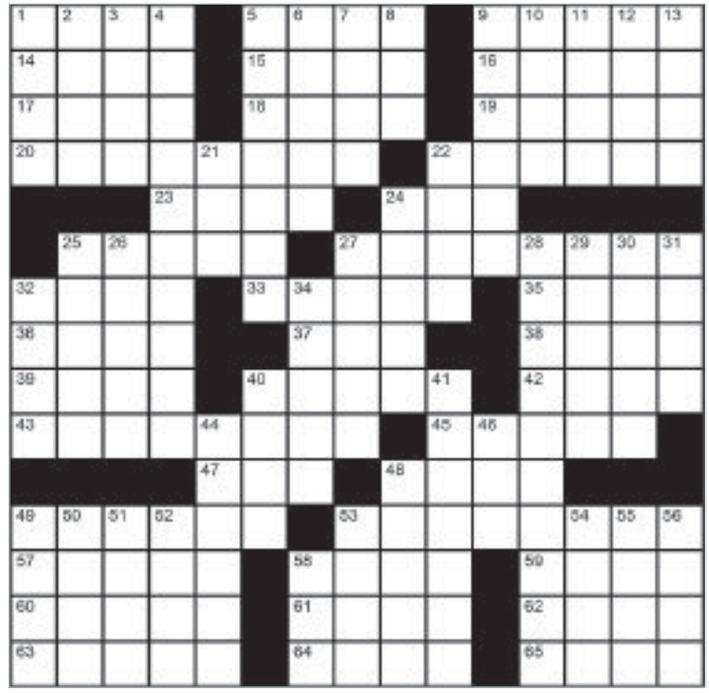
♒ Aquarius
Jan. 21 - Feb. 19
Your attitude towards an issue of some kind will change today. It may even be the opposite of how you thought about it before. In the middle somewhere lies the truth.

♓ Pisces
Feb. 20 - March 20
If you are in need of inspiration you will get it, most likely from your imagination. Allow your mind to wander wherever it will. Don't try to hold it back. **SALLY BROMPTON**

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

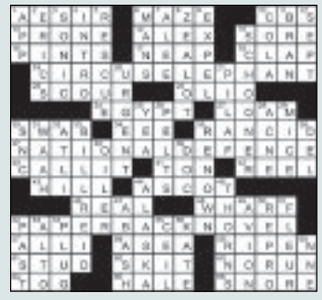
BY KELLY ANN BUCHANAN



Across
1. Doorbell! Ding-__
5. Oprah spin-off Dr.
9. Yukon community, __ Crossing
14. Exploiter
15. Fix over again
16. Type of daisy
17. Stewpot
18. "_ __ car!!!" ...exclamation on "The Price Is Right"
19. Electrical pioneer, Nikola __ (b.1856 - d.1943)
20. June 21st: Summer __
22. Expert chess player
23. King
24. Cleaning cloth
25. Many
27. Industry in British Columbia, for example
32. 'TT' of TTFN
33. Use the pencil's pink end
35. Work hard
36. Make ___ for it (Try to get away)
37. UFO passengers
38. Formerly
39. Parrot
40. Fibre-__ cable
42. Type of tree
43. In a reasonable manner
45. Props for clarinets
47. Handyman's letters
48. Actor Mr. Wyle
49. Treasure chest items
53. Islands in Atlantic Canada which belong to France, Saint-Pierre et __
57. A day's march for troops
58. Ballet skirt
59. Not any
60. More certain
61. Land unit
62. Flippant
63. Clothes: Medium, and others
64. Opportunity
65. Has lunch!

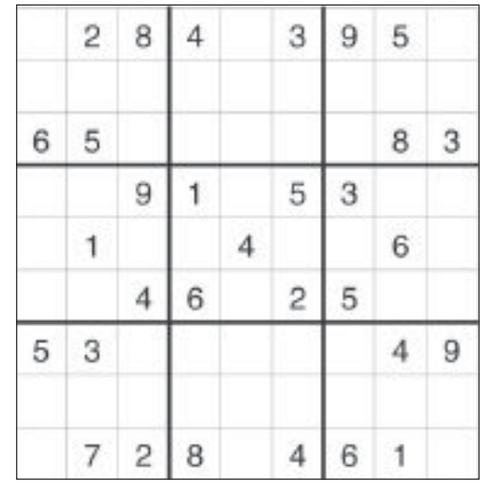
Down
1. Pairs
2. Capital of Norway
3. Ms. Carter of '80s sitcom "Gimme a Break!"
4. Saskatchewan's __ National Park
5. Grande __, Alberta
6. Thus
7. Obsession, __ fixe
8. Volume setting
9. Thick soup [var. sp.]
10. Splitsville stars
11. For fear that
12. Country singer Mr. Lovett
13. Birthdate info
21. __-for-tat
22. Actress Ms. Winningham
24. Actress, Portia de __
25. Ms. Osmond
26. Driver's about-face
27. Omega-3 __ acids
28. Ancient 'ring' in England
29. Fit
30. Wild and long-grain
31. The Universe's original substance
32. Bills in restaurants
34. Answer
40. Geisha attire accessories
41. Summery sport
44. Those who loaf about
46. Perrier, par exemple
48. Explosive stuff
49. Zooey's role on FOX comedy "New Girl"
50. Pretty purse
51. Brad Pitt's new movie, "World __ _" (2013)
52. Fencing sword
53. Greatly
54. 1970 Kinks tune
55. "Get Down __" by Kool & The Gang: 2 wds.
56. Beaks
58. Thank yous, to Brits

Yesterday's Crossword



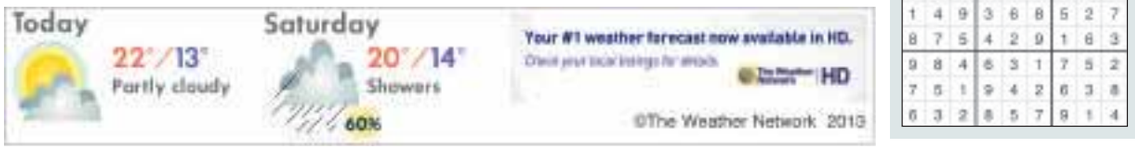
Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



Yesterday's Sudoku

4	2	8	5	7	6	3	9	1
5	9	7	1	8	3	2	4	6
3	1	6	2	9	4	8	7	5
2	6	3	7	1	5	4	8	9
1	4	9	3	6	8	5	2	7
8	7	5	4	2	9	1	6	3
9	8	4	6	3	1	7	5	2
7	5	1	9	4	2	6	3	8
6	3	2	8	5	7	9	1	4



metro
News worth sharing.

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$250 GAS CARD† WITH PURCHASE

PAY AS LOW AS $99 (1) B/W

2013 FORD F-150 REG CAB 4X4

SAVE $8,548

Finance Payment: $165* B/W

Lease Payment: $179*** /MO

Stock # E25645

2013 FORD F-150 S/CREW 4X4 XTR

SAVE $11,723

Finance Payment: $249* B/W

Lease Payment: $385** /MO

Stock # E47408

2013 FORD F-150 S/CAB XLT 4X4

SAVE $11,169

Finance Payment: $225* B/W

Lease Payment: $355** /MO

Stock # C15363

2013 FORD ESCAPE SE 4X4

SAVE $5,030

Finance Payment: $169(3) B/W

Lease Payment: $295(3) /MO

Stock # D89910

2013 FORD EDGE SEL

SAVE $7,132

Finance Payment: $219* B/W

Lease Payment: $339** /MO

Stock # B48153

2013 FORD FOCUS SE

SAVE $3,455

Finance Payment: $119* B/W

Lease Payment: $199** /MO

Stock # 281482

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Driving Change

All pricing and payments are based using ALL applicable Ford of Canada rebates. Freight and dealer installed options are not included in the above pricing or payments. 1)'Payments as low as $99 B/W' based on a 2013 Focus S model (STK#281480) over 84 month finance payment @ 0.99%A.P.R. 2)"Save up to $18,471" is based on a 2013 Ford F350 STK# B11299 - MSRP $83,259, Sale Price $64,788. 3)The 2013 Escape lease payment is based on 48 months at 1.49% A.P.R. and the finance payments are bi-weekly over 84 months at 2.49% A.P.R. *72 month bi-weekly finance payment @ 0% O.A.C. **48 month lease payment @ 0% O.A.C. ***Based on a TRICOR 24 month lease using 4.99% A.P.R. All leases are based using 20,000kms per year and are plus taxes. All finance payments include taxes. Our Price Beat Guarantee offer is based on all new Ford models. Dealer demonstration vehicles, loaners and buyback are excluded in this offer. The vehicle must have an equivalent MSRP value. Any dealer admin fees will be considered part of the purchase price. 3 years of oil changes are based on 3 month intervals for a total number of 12. The free oil changes have no cash value. †$250 Gas card will be removed when calculating Price Beat Guarantee offer. **Take delivery of an instock, New 2012 or 2013 vehicle between June 18-22 and receive a $250 gas card.** See dealer for all rules & regulations. All photos are for illustration only. **WE DO NOT CHARGE ADMIN FEES. DL#916407**